

## BEVERAGES

Soy Milk: Chocolate or Vanilla  
 Milk: Low-Fat, Whole, Chocolate  
 Juice: Apple, Grape, Cranberry, Orange  
 Sugar-Free Lemonade or Fruit Punch  
 Hot Chocolate

## SIDES

Mashed Potatoes  
 Rice  
 Macaroni and Cheese  
 Egg Noodles  
 Green Beans  
 Caramelized Carrots  
 Steamed Broccoli  
 Steamed Corn  
 Baked Chips  
 French Fries  
 Tater Tots  
 Sweet Potato Fries  
 String Cheese  
 Carrot Sticks  
 Celery Sticks  
 Canned Fruit  
 (Mandarin Oranges, Peaches, Pears)  
 Applesauce  
 Fresh Fruit Cup  
 Pretzels  
 Dinner Roll  
 Oyster Crackers



## PAW-FECT TOPPINGS

**Sweeteners and Jellies** — Syrup, Brown Sugar, Jelly  
**Dressings** — Balsamic, Caesar, Honey Mustard, Italian, Ranch  
**Sauces** — BBQ, Ketchup, Mustard, Mayonnaise, Salsa, Sour Cream  
**General** — Butter, Margarine, Parmesan Cheese, Salt-Free Seasoning, Salt, Pepper

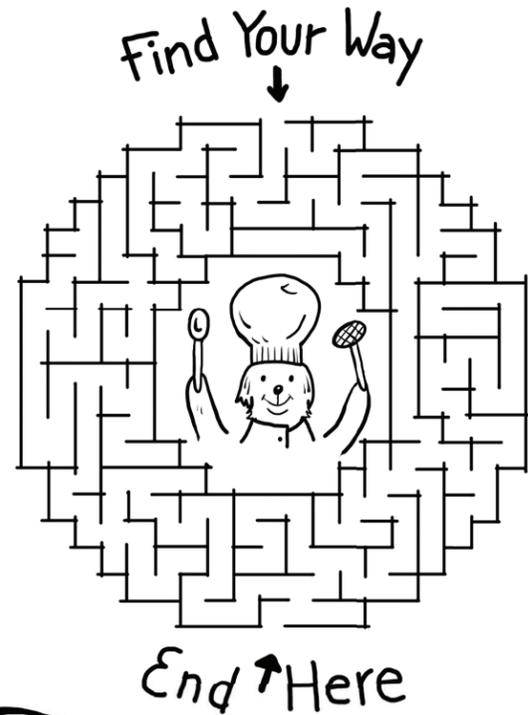
*(Additional condiments are available upon request)*

## TREATS

Oreos  
 Dirt Pudding  
 Rice Krispies Treat  
 Vanilla or Chocolate Pudding  
 Ice Cream  
 Orange Sherbet  
 Assorted Gelatin  
 Lemon or Cherry Fruit Ice  
 Chocolate Chip, Oatmeal Raisin or Sugar Cookie  
 Rocky Road Brownie  
 Cheese Cake Trifle with Berries



C B U R G E R P T B  
 H Q O F R I E S L U  
 E T K E T C H U P N  
 E H U N H B R E A D  
 S P O R H A X D V B  
 E I C T K T M R V I  
 N C H H D E C I F J  
 O K I V Y O Y N U Z  
 P L P S W Z G K D V  
 F E S M U S T A R D



# KIDS MENU



Word Search Answers: Cheese, Burger, Bun, Fries, Ketchup, Bread, Ham, Turkey, Pickle, Chips, Mustard, Hot Dog, Drink

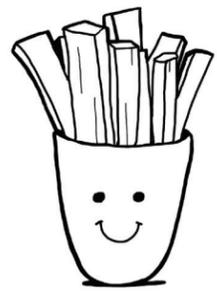
Order your meals using the patient app: [clevelandclinic.org/order-food](http://clevelandclinic.org/order-food) • Facility ID: cceast

Or order by phone from 6:30 a.m. to 7:30 p.m.

Ext. 55 from your room or 440.312.6368 from outside the hospital

For safety reasons, some items such as hot beverages, hot soup, or items that may present a choking hazard may not be available.

# KIDS MENU



## BREAKFAST

### Bone Appetit Entrees

**Breakfast Combo Meal** — Barkin' Buttermilk Stack: Buttermilk Pancakes, Sausage, Fruit Cup, Orange Juice

**Cereals** — Oatmeal, Cream of Wheat (Apple Cinnamon or Plain), Froot Loops, Cornflakes, Rice Krispies, Cheerios, Rice Chex

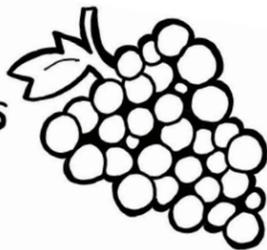
**Cool Start** — Blueberry Muffin, Fruit and Yogurt Parfait, Granola Bar (Peanut Butter or Chocolate Chip), Nutrigrain Bar, Greek Vanilla Yogurt, Lite Yogurt (Vanilla, Strawberry, Blueberry, Peach), Strawberry Go-Gurt

**Toasty Morning Meals** — Scrambled Eggs, Pancakes, French Toast, Breakfast Taco, Breakfast Potatoes, Bacon, Sausage (Pork, Turkey, or Veggie)

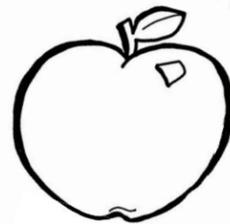
### ALLERGY CONCERNS

Please ask us for our top 9 food allergens list.

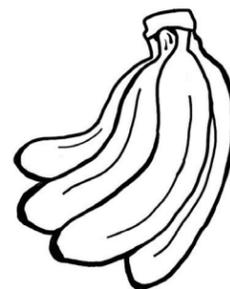
GRAPES ARE BERRIES AND HIGH IN VITAMIN C



THERE ARE 7,500 KINDS OF APPLES



A BUNCH OF BANANAS IS CALLED A HAND. EACH BANANA IS CALLED A FINGER.



STRAWBERRIES HAVE THEIR SEEDS ON THE OUTSIDE



## LUNCH AND DINNER

### Build Your Own Sandwich

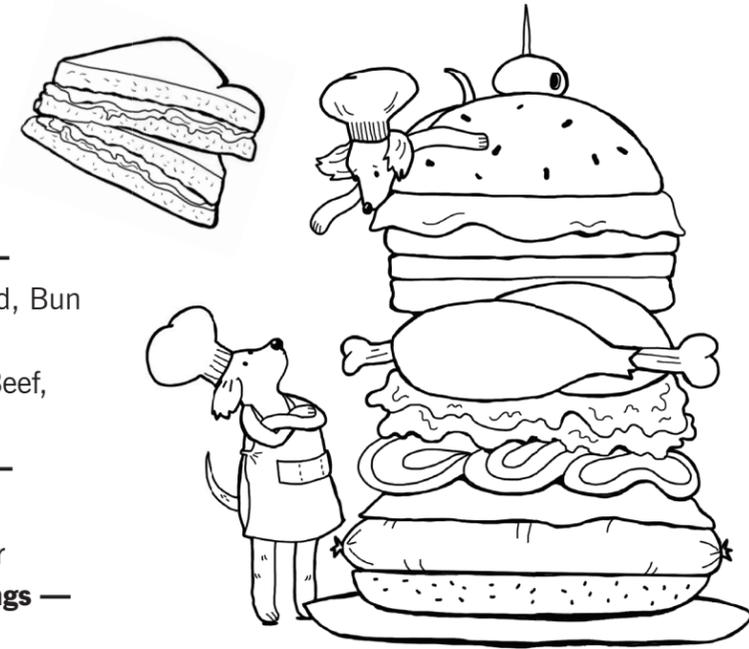
Select from the following options:

**Choose Your Bread** — White or Wheat Bread, Bun

**Pick Your Protein** — Ham, Turkey, Roast Beef, Hummus

**Select Your Cheese** — American, Swiss, Pepper Jack, Cheddar

**And Now Your Toppings** — Ask For Condiments



### Lunch Sandwich Specials

Chicken Caesar Wrap Special  
PB&J on Wheat Bread



### Build-a-Bite Board

Create your own delicious combination. Choose a variety of items from the lists below to create a healthy masterpiece:

**Fresh Veggies** — Carrot Sticks, Celery Sticks, Cucumber Slices

**Fresh Fruits** — Grapes, Sliced Strawberries, Banana, Apple, Clementine

**Deli** — String Cheese, Turkey, Ham, Roast Beef, American Cheese, Swiss Cheese

**Snacks** — Pretzels, Crackers, Baked Chips, Yogurt or Go-Gurt, Hummus, Pita Bread

**Try a Dip** — Ranch Dressing, Hummus, Peanut Butter

### Kids' Favorites

**Pastas** — Kids Mac & Cheese, Penne with Marinara

**Comfort** — Chicken Nuggets, Fish Sticks, Personal Pizza (Cheese or Pepperoni), Mini Corn Dogs, Chicken Pot Pie, Pot Roast, Beef Stroganoff with Egg Noodles, Roast Turkey

**Grill** — Hot Dog with Bun, Burger with Bun (Turkey, Beef, Garden), Grilled Chicken Sandwich, Grilled Cheese

**Chomps**  
Grape Jelly Uncrustable  
Hummus and Vegetables  
Chef Salad  
Garden Salad  
Cheese and Fruit Plate

**Soups**  
Chicken Noodle Soup  
Tomato Bisque

