

YOUR MENU

Flavorful, nutritious food is a cornerstone of good health.

Please enjoy your meals during your hospital stay.



HOURS

Order meals between 7:30 a.m. and 6:30 p.m.

TO ORDER

Download our meal-ordering app: Visit clevelandclinic.org/order-food

Facility ID: **cceast**

By Phone: Call ext. 3070.

From outside the hospital call 440.578.3070.

breakfast

Blueberry Muffin	Pancakes
Oatmeal/Cream of Wheat®	Seasoned Home Fries
Rice Krispies®	Bacon
Cheerios®	Lite Yogurt
Scrambled Eggs	

sandwiches / entrees

Deli Turkey Sandwich	Beef Pot Roast
Peanut Butter and Jelly	Barbecue Chicken
Grilled Cheese	Baked Chicken Tenders
Hamburger	Macaroni and Cheese
Ultimate Club Sandwich	Pizza (Cheese or Pepperoni)
Tuna Salad Sandwich	Chef Salad
Chicken Salad Sandwich	

sides

Baked Lay's® Chips	Tossed Side Salad
Mashed Potatoes	Broccoli
Potato Wedges	Green Beans
Macaroni and Cheese	Carrots

fruits

Banana	Peaches
Mandarin Oranges	Pears
Applesauce	Seasonal Fruit

soups

Chicken Broth	Chicken Noodle Soup
Beef Broth	Tomato Soup
Vegetable Broth	

beverages

JUICE

Orange
Apple
Diet Cranberry

MILK

Skim
2%

HOT

Coffee (Regular or Decaf)
Tea (Regular or Decaf)

COLD

Decaf Iced Tea
Diet Ginger Ale
Diet Coke®
Sprite Zero®

sweets

Lemon Fruit Ice	Orange Sherbet
Vanilla or Chocolate Pudding	Citrus or Red Gelatin
Vanilla or Chocolate Ice Cream	Chocolate Chip Cookie

condiments

BBQ Sauce
Butter
Italian Dressing
Honey
Jelly
Jelly (Sugar-Free)
Ketchup
Lemon Juice
Light Mayonnaise
Margarine
Mustard
Non-dairy Creamer
Pancake Syrup
Peanut Butter
Pepper
Ranch Dressing
Salt
Salt-free Seasoning
Splenda
Sugar

What is a diet order? A diet order is part of your care plan and it provides guidance as to the amount and types of food and drink you can have during your hospital stay. All patients will have a diet order and it may change during your stay.

Regular Diet: Has no therapeutic restrictions per meal order and includes a variety of healthy, nutritious options. You may be restricted on how much or how often you can place a meal order.

Therapeutic Diet: Includes healthy, nutritious options that will limit what and how much you can eat, how often you can eat, and possibly the texture of your food. These diets support healing and recovery.

NPO Diet: Also known as a "Nothing by Mouth" Diet, restricts all eating and drinking before and after certain procedures and/or tests, and is for your safety.



Scan QR code
for nutritional
information
for all offerings.